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Food Safety Awareness

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[https://www.theskillsnetwork.com/  
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## Online CPD Distance Learning Course



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Millions of people fall ill every year and many die as a result of eating unsafe food. Most of these illnesses are attributed to contaminated food or water. Proper food preparation can prevent most food borne diseases.

This short, auto-marked programme will give you the knowledge you need to understand those health issues surrounding food safety and how to prevent unwanted illnesses.

A great addition to your CV to show your commitment to health and fitness, this programme is also beneficial for general knowledge.

Completed online with auto-marked assessments, this programme can be completed in your own time.

- Place of study: **Learn from home**
- Type of course: **Online distance learning course with no exams**
- Course duration: **An average of 2-3 hours.**

Full customer service support will be provided throughout the course.

## Section 1: Food safety awareness

In this section, your learners will discover the importance of maintaining good personal hygiene and food hygiene; the risks to health associated with food preparation, such as food poisoning; the purpose and importance of a cleaning schedule, the principles of food contamination; and the importance of time and temperature when preparing food.

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