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Sexual Health Awareness

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[http://www.theskillsnetwork.com/
home-learning/courses/sexual-
health-awareness](http://www.theskillsnetwork.com/home-learning/courses/sexual-health-awareness)

Online CPD Distance Learning Course

Only £25



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In 2013, there were approximately 450,000 diagnoses of sexually transmitted infections (STIs) made in England.

This course enables you to expand your knowledge of sexual health issues. It is a great way to increase knowledge if you are looking into a career in this field of work, or just to increase awareness of different types of STIs, relationships and human reproduction.

This short, auto-marked programme will give you the knowledge you need to understand the impact and key issues surrounding sexual health.

A great addition to your CV to show your commitment to health and social care, this programme is also beneficial for general knowledge.

- Place of study: **Learn from home**
- Type of course: **Online distance learning course with no exams**
- Course duration: **An average of 3-4 hours.**

Full customer service support will be provided throughout the course.

There are five parts to the course:

Relationships

Increase your knowledge about the difference between friendships, relationships, intimacy and the legal age for intimacy. You will also explore the reasons why people may enter into close relationships, linking this to basic human needs.

Sexually transmitted infections

Study different types of STIs, how they are transmitted, and their symptoms. Also explore the effects of untreated Chlamydia, HIV and AIDS.

Human reproduction

Learn about the anatomy of sexual health awareness. You will learn about the male and female reproductive organs, as well as the process of menstruation.

Contraception

You will look into the different methods of contraception, their advantages and disadvantages, and where they can be obtained from.

The media

Learn about the portrayal of sex in the media and how society responds. Contemplate how society and the media need to change in order to progress the state of sexual health awareness in our modern day society.

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